



NATIONAL YOGA CHAMPIONSHIP

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THIS E BOOK CONTAINS ALL DETAILS RELATED WITH NATIONAL YOGA CHAMPIONSHIP ORGANISED BY YOGA SPORTS FOUNDATION INDIA



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INTRODUCTION

YOG SPORTS FOUNDATION



ABOUT YSF

YOG SPORTS FOUNDATION, AN ORGANIZATION DEDICATED TO PROMOTING THE PRACTICE OF YOGA AMONG THE YOUTH THROUGH VARIOUS INITIATIVES, INCLUDING YOGA CHAMPIONSHIPS. YOG SPORTS FOUNDATION STRONGLY BELIEVES IN THE POWER OF YOGA AND ITS ABILITY TO BRING ABOUT POSITIVE CHANGES IN INDIVIDUALS' PHYSICAL, MENTAL, AND SPIRITUAL WELL-BEING. WITH THIS VISION IN MIND, OUR FOUNDATION HAS BEEN ACTIVELY WORKING IN DIFFERENT AREAS OF YOGA, AIMING TO CREATE A PLATFORM WHERE YOUNG INDIVIDUALS CAN SHOWCASE THEIR SKILLS AND PASSION FOR THIS ANCIENT DISCIPLINE. ONE OF OUR KEY INITIATIVES IS ORGANIZING YOGA CHAMPIONSHIPS, WHERE TALENTED YOGIS FROM ALL WALKS OF LIFE CAN COME TOGETHER AND COMPETE IN VARIOUS CATEGORIES. THESE CHAMPIONSHIPS NOT ONLY PROVIDE A PLATFORM FOR PARTICIPANTS TO SHOWCASE THEIR TALENT BUT ALSO SERVE AS A MEANS TO INSPIRE AND MOTIVATE OTHERS TO EMBRACE YOGA AS A WAY OF LIFE. BY ENCOURAGING HEALTHY COMPETITION AND CAMARADERIE, WE AIM TO FOSTER A COMMUNITY OF YOUNG YOGA ENTHUSIASTS WHO CAN COME TOGETHER TO LEARN, GROW, AND INSPIRE EACH OTHER. THE YOG SPORTS FOUNDATION ALSO ACTIVELY COLLABORATES WITH RENOWNED YOGA PRACTITIONERS AND EXPERTS TO CONDUCT WORKSHOPS, SEMINARS, AND TRAINING PROGRAMS, AIMED AT ENHANCING THE SKILLS AND KNOWLEDGE OF ASPIRING YOGIS. THROUGH THESE EVENTS, WE AIM TO CREATE AN ENVIRONMENT CONDUCIVE TO LEARNING AND PERSONAL GROWTH, WHERE INDIVIDUALS CAN DEEPEN THEIR UNDERSTANDING OF YOGA AND EXPLORE ITS VARIOUS DIMENSIONS. IN ADDITION TO OUR YOUTH-FOCUSED INITIATIVES, THE YOG SPORTS FOUNDATION IS ALSO INVOLVED IN COMMUNITY OUTREACH PROGRAMS, WHERE WE WORK WITH SCHOOLS, COLLEGES, AND OTHER ORGANIZATIONS TO PROMOTE THE BENEFITS OF YOGA AMONG A WIDER AUDIENCE.



IMAGE COURTESY TO BENGAL PLAYERS OF 1989 BATCH

BY ORGANIZING AWARENESS CAMPAIGNS, WORKSHOPS, AND EVENTS, WE STRIVE TO CREATE A SOCIETY THAT VALUES AND EMBRACES THE PRACTICE OF YOGA AS A MEANS OF HOLISTIC WELL-BEING. WE FIRMLY BELIEVE THAT THE YOG SPORTS FOUNDATION'S EFFORTS ARE MAKING A SIGNIFICANT IMPACT IN THE FIELD OF YOGA PROMOTION AND YOUTH DEVELOPMENT. OUR TEAM OF DEDICATED PROFESSIONALS AND VOLUNTEERS ARE COMMITTED TO CREATING A POSITIVE CHANGE IN SOCIETY BY SPREADING THE MESSAGE OF YOGA'S IMMENSE POTENTIAL.

BRIEF HISTORY OF YOG SPORTS FOUNDATION

YOG Sports Foundation, formerly known as YOG Sports Federation India, was established in the year 2013 with a vision to promote sports and physical activities among youth. However, due to several changes in the governing body, the foundation was dissolved temporarily. After careful consideration and a thorough evaluation, the foundation was re-established with a renewed sense of purpose and a broader vision. It was then reborn as YOG Sports Foundation, expanding its meaning and working area to encompass a wider range of sports and physical activities. With a strong belief in the power of sports to transform lives and inspire individuals, YOG Sports Foundation aims to create opportunities for young athletes to excel in their chosen disciplines. Through our programs and initiatives, we strive to nurture talent, provide the necessary resources, and support the development of aspiring athletes. Our foundation is committed to promoting sportsmanship, teamwork, and the pursuit of excellence. We firmly believe that every individual possesses untapped potential, and we are dedicated to unlocking and harnessing this potential through sports. As we embark on this new chapter, we are confident in our ability to make a positive impact on the yoga sports community. Yog Sports Foundation is actively collaborating with various organizations, sponsors, and sports authorities to create a vibrant and inclusive sporting environment. In the coming months, we have exciting plans to launch new initiatives, organize sports events, and provide training opportunities for young athletes. We are confident that these endeavours will contribute to the growth and development of sports in our community.

MISSION & VISION OF YOG SPORTS FOUNDATION

Our mission at YOG Sports Foundation is to foster a deep appreciation for yoga and its transformative power. We aim to create a platform where individuals of all ages and backgrounds can engage in the practice of yoga, leading to personal growth, physical well-being, and spiritual development. Through our various initiatives, we strive to make yoga accessible to everyone, regardless of their socioeconomic status or geographical location. We firmly believe that yoga has the potential to improve lives and contribute positively to society as a whole. In line with our mission, our vision is to become a leading global authority in the field of yoga, known for our commitment to excellence, innovation, and inclusivity. We envision a world where yoga is recognized and embraced as a holistic practice, capable of enhancing mental, emotional, and physical well-being. To achieve our goals, we have developed a comprehensive strategy that encompasses several key areas. These include organizing yoga workshops and retreats, partnering with schools and community centers to integrate yoga into their curriculum, conducting research on the benefits of yoga, and collaborating with other organizations that share our vision. Our team of experienced yoga instructors and professionals are dedicated to providing high-quality instruction and guidance to individuals at all levels of their yoga journey. We are committed to continuously expanding our knowledge and expertise to ensure that our programs and activities are of the highest standard. As we embark on this exciting journey, we invite you to join us in our mission to promote the practice of yoga and its numerous benefits. Whether you are an individual seeking to deepen your practice, a potential sponsor looking to support our cause, or a community organization interested in partnering with us, we welcome you to be part of the YOG Sports Foundation family.

GOALS OF YOG SPORTS FOUNDATION

At YOG Sports Foundation, we firmly believe in arranging the finest yoga programs that cater to the needs and aspirations of yoga enthusiasts. Our aim is to promote the ancient practice of yoga by organizing various events and activities that showcase its benefits and significance. In line with our objectives, we are excited to announce that we will be introducing yoga workshops, where participants can enhance their understanding and skills in yoga. These workshops will be led by experienced and renowned yoga practitioners who will share their knowledge and expertise with the participants. We believe that these workshops will serve as a platform for individuals to deepen their practice and broaden their horizons in the world of yoga.

Furthermore, we are also dedicated to promoting yoga researches and studies. Through collaborations with esteemed institutions and experts in the field, we aim to contribute to the growing body of knowledge surrounding yoga and its impact on physical, mental, and emotional well-being. By conducting and supporting research, we strive to bring forth evidence-based practices and advancements that will further enhance the credibility and effectiveness of yoga as a holistic approach to wellness. Additionally, we are excited to announce that we will be organizing yoga job-related fairs, where individuals with a passion for yoga can explore various career opportunities within the industry. These fairs will bring together yoga studios, wellness centers, and other organizations that are seeking qualified professionals in the field. It is our goal to bridge the gap between job seekers and employers, fostering a thriving and prosperous yoga community. In conclusion, YOG Sports Foundation is committed to providing the best yoga championship practices in the world. Through our yoga workshops, research initiatives, job-related fairs, and more, we aim to create a vibrant and inclusive space for yoga enthusiasts to connect, learn, and grow.

RULES & REGULATIONS

These rules and regulations have been implemented to maintain the integrity of the YSF National Championship and provide a level playing field for all participants. It is essential that you familiarize yourself with these guidelines to ensure a smooth and successful event for everyone involved.

First and foremost, we would like to emphasize the significance of this event. The National Championship is undoubtedly one of the most important competitions in the YSF calendar. It brings together the best athletes from across the country, showcasing their skills and determination in a highly competitive environment. In order to ensure a fair and successful competition, we have set forth a comprehensive set of rules and regulations that all participants must adhere to. These rules have been carefully crafted to maintain the integrity of the championship and create a level playing field for all athletes.



It is important that all participants meet the required criteria to ensure fair competition and maintain the integrity of the event.

ELIGIBILITY CRITERIA

- 1. State Level Certificate: Participants must possess a valid state-level certificate in the respective sport they wish to compete in. This certificate serves as proof of their proficiency and demonstrates their capability to compete at a national level.
- 2. Indian Citizenship: Only Indian citizens are eligible to participate in the championship. We aim to promote talent and nurture the potential of our fellow countrymen.
- 3. Valid Birth Proof: Participants are required to provide valid birth proof documents to verify their age and ensure that they fall within the appropriate age category for the championship.
- 4. Recognition by State Body: Participants must be officially recognized by the relevant state body governing the sport they wish to compete in. This ensures that participants have met the necessary standards and have been endorsed by their respective state bodies.
- 5. NOC from Concerned Facilitators: Participants must obtain a No Objection Certificate (NOC) from their concerned facilitators, such as coaches or trainers. This document serves as an acknowledgement of their participation and ensures that they have met all the necessary requirements set by their facilitators.
- 6. Completed Registration Form: Participants must fill out the registration form provided by Yog Sports Foundation. This form gathers essential information about the participants and helps us organize the championship effectively.
- 7. Presence Confirmation: Prior to the championship, participants must mark their presence by confirming their attendance. This step is crucial for logistical purposes and helps us ensure a smooth and well-organized event.



Yog Sports Foundation feels proud of the highly anticipated National Championship. We are thrilled to have the opportunity to invite you as a participant in this prestigious event.

11 - 12 APRIL 2026

TIME & DATE

Yog Sports Foundation is thrilled to host this prestigious event on 11- 12 April 2026 that brings together athletes from all corners of the country to showcase their exceptional talents, sportsmanship, and dedication. As an organization committed to promoting excellence in sports, we believe that this championship will serve as a platform for participants to demonstrate their skills and compete at the highest level. The National Championship promises to be an unparalleled experience, with exciting competitions in various sporting disciplines. We have meticulously planned every aspect of the event to ensure that it runs smoothly and provides an atmosphere conducive to achieving outstanding performances. Our team has put together a comprehensive schedule that allows ample time for warm-ups, practice sessions, and rest periods, while also ensuring that all matches are conducted efficiently and fairly. By participating in the National Championship, you will have the opportunity to compete against some of the most talented athletes in the country. Not only will this event provide a chance to showcase your skills, but it will also serve as a valuable learning experience, allowing you to gain insights from other competitors and build lasting connections within the Yoga community.



As a non-profit organization, our mission is to promote sports and nurture the skills of talented individuals. In line with this vision, we have carefully curated a selection of medals and trophies to recognize the outstanding achievements of our participants.

PRIZES

We are proud to announce that we will be delivering the best medals and trophies to acknowledge the outstanding performances of the participants. The prizes will be divided into three segments: Gold Medals, Silver Medals, and Bronze Medals. These medals will be a testament to the hard work and dedication displayed by the athletes. In addition to the medals, we will also be presenting various special awards. These awards include the Best State in Yogasana Sport Trophy, the Best of the Best Performer, the Best Boy in Championship, the Best Team in Championship, and the Best Girl in Championship. These accolades aim to recognize exceptional talent and exemplary sportsmanship. We assure you that the prizes awarded at the YOG Sports Foundation National Championship will be of the highest quality. Our team has put in considerable effort to ensure that the winners receive tokens of recognition that truly reflect their achievements.



YOG Sports Foundation National Championship is renowned for its fair and unbiased competition, promoting the true spirit of yoga. In order to maintain the highest standards of integrity, we have implemented certain regulations to ensure a level playing field for all participants.



PROHIBITION

It is with regret that we must inform you that there will be a strict prohibition on the use of any performance-enhancing substances or equipment during the championship. This includes but is not limited to the use of drugs, supplements, or any other substances that may give an unfair advantage to certain participants. Furthermore, the use of any kind of equipment, such as weights, straps, or props, will also be strictly prohibited. We understand that some participants may have personal preferences or practices that involve the use of such substances or equipment. However, we firmly believe that the true essence of yoga lies in the practitioner's ability to achieve physical and mental balance without any external aids. We trust in your commitment to fair and honest competition and expect that all participants will adhere to these regulations. Random drug testing may be conducted throughout the championship to ensure compliance with these guidelines. Any participant found in violation of the prohibition will be immediately disqualified from the competition, and appropriate actions will be taken as per our anti-doping policy.

foundation has implemented a rigorous selection process for coaches aspiring to become judges. Each candidate has undergone a comprehensive test and interview to ensure their suitability for the role. This ensures that our judges possess the necessary skills, knowledge, and experience to adjudicate fairly.

JUDGEMENT PANEL

we have taken numerous measures to ensure that the panel members are qualified and capable of making fair and unbiased decisions. Each member has undergone a rigorous testing and interview process, guaranteeing their competence and suitability for the role. Our judges are dedicated to maintaining impartiality and ensuring a level playing field for all participating teams. They have been extensively trained by the Yog Sports Foundation to uphold the highest standards of judgement. Their extensive knowledge and experience in the field enable them to make informed and fair decisions, free from any bias or personal interest. We understand the importance of transparency and fairness in sports, and we are committed to upholding these values through our judgement panel. By selecting judges who are well-versed in their respective sports and have undergone comprehensive training, we can guarantee that their decisions will be based solely on merit and adhere to the principles of fair play.



DATE OF BIRTH

We understand the importance of privacy and assure you that all submitted documents will be handled with the utmost confidentiality and used solely for the purpose of calculating the date of birth for the championship

The date of birth for each participant will be calculated based on the information provided on their Adhaar card. This calculation will take place on 1 April 2026. In order to accurately determine your date of birth, we kindly request you to submit a valid proof of birth. For the calculation of date of birth, we accept the following documents as proof: Adhaar card, driving license, passport, or 10th marksheet. These documents must be submitted in physical form to our office by [deadline]. Please ensure that the submitted documents are valid and up to date. We understand the importance of privacy and assure you that all submitted documents will be treated with utmost confidentiality and used solely for the purpose of age verification. Should you have any questions or require further assistance, please do not hesitate to reach out to our team at [contact information]. We are here to support you throughout the registration process.



TIME KEEPER

Time Keeper will appointed by General Secretary during the event.

The timekeeper's role is crucial in ensuring accurate timekeeping during the event, and it is imperative to select an individual who possesses the required skills and experience. Therefore, the responsibility of selecting the timekeeper for this event has been entrusted to the General Secretary of Yog Sports Foundation. The General Secretary will oversee the entire selection process, which will involve a thorough evaluation of the candidate's qualifications and experience in timekeeping. We are confident that this approach will help us identify the most suitable candidate who can efficiently fulfil the time keeper's responsibilities. The selected timekeeper will be responsible for recording and announcing the time during the event, ensuring fairness and accuracy in all time-related matters. They will play a vital role in maintaining the organization and smooth flow of the event.



**Chief Judge will
appointed by
General Secretary
during the event.**

CHIEF JUDGE

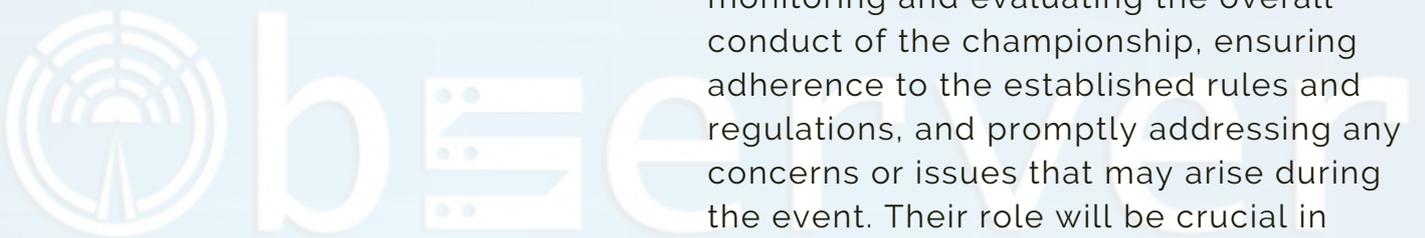
YOG Sports Foundation prides itself on upholding the highest standards of fairness, integrity, and expertise in the field of sports judging. In order to maintain these standards, it is crucial that we appoint a Chief Judge who possesses not only exceptional knowledge and experience but also the seniority required to effectively oversee the judging process during our upcoming event. After careful consideration and consultation with the members of the Judges Panel, it has been unanimously agreed that the General Secretary should take on the responsibility of appointing the Chief Judge during the event. This decision is based on the belief that the General Secretary, being the highest-ranking official of our organization, is best suited to evaluate the seniority and capabilities of the judges and make an informed decision. We understand that the selection of the Chief Judge is a significant responsibility and requires a thorough assessment of the judges' qualifications. Therefore, we kindly request that the General Secretary closely observe the judges' performances during the event and select the most senior judge from the panel to assume the role of Chief Judge. We are confident that this selection process will ensure transparency, impartiality, and the promotion of excellence within our organization. The Chief Judge appointed by the General Secretary will not only provide invaluable guidance to the judges but also serve as a role model for maintaining the highest standards of professionalism and fairness.



We are confident that with the appointment of the Organizing Secretary as the Chief Observer, the championship will be a resounding success.

OBSERVER

Organising Secretary will assume the role of Chief Observer and head of the Observing Committee during the championship. The primary responsibility of the Chief Observer will be to ensure a clean and clear flow of the championship. We believe that appointing the Organising Secretary, who is already familiar with the event and possesses a deep understanding of its intricacies, will greatly contribute to the success of this role. Their expertise in managing various aspects of the championship will undoubtedly facilitate a smooth and efficient observation process. In their capacity as Chief Observer, the Organising Secretary will oversee the Observing Committee and coordinate their efforts. They will be responsible for monitoring and evaluating the overall conduct of the championship, ensuring adherence to the established rules and regulations, and promptly addressing any concerns or issues that may arise during the event. Their role will be crucial in maintaining the integrity and fairness of the competition. We have full confidence in the abilities of the Organising Secretary to carry out this role with utmost professionalism and dedication. Their previous experience and knowledge will undoubtedly be valuable in this capacity. We are certain that their commitment to excellence and attention to detail will contribute significantly to the success of the championship.



SPECIAL AFFAIRS COMMITTEE

The primary objective of this committee is to address any concerns or difficulties that may arise during the championship, ensuring that they are promptly and effectively resolved.

Yog Sports Foundation has formed a Special Affairs Committee specifically dedicated to addressing any issues that may arise during the championship. This committee has been established with the sole purpose of ensuring the smooth and efficient running of the event and will be responsible for managing all internal matters. The committee comprises highly qualified and experienced individuals who have been carefully selected for their expertise in event management and their commitment to the promotion of yog sports. They will be fully dedicated to resolving any challenges that may arise, allowing participants and spectators alike to fully enjoy the championship. With the formation of this committee, we aim to provide a comprehensive and well-organized championship experience for all involved. Our team is confident in our ability to address any issues that may arise promptly and efficiently, ensuring that the championship runs seamlessly. Should you encounter any difficulties or have any concerns during the event, please do not hesitate to reach out to our Special Affairs Committee. They will be easily identifiable throughout the championship venue and will be more than willing to assist you. We are excited about the upcoming National Yog Sports Championship and are committed to making it a memorable and successful event for all participants. The formation of the Special Affairs Committee is just one of the many steps we are taking to ensure that this championship is a resounding success.



PARENTS & RELATIVES

Yog Sports Foundation will reserve rights for not providing any assistance during or after event to relatives or parents.

- We would like to bring attention to a few important rules and guidelines regarding the accommodation and food arrangements for parents and relatives during the championship. Please take a moment to read through the following information carefully:
- 1. Accommodation: In order to provide a comfortable stay for everyone, parents and relatives will need to pay separately for their accommodation. We apologize for any inconvenience this may cause. However, we have made arrangements to accommodate one parent or relative free of cost for every five participating students. This is our small way of showing appreciation for your support and involvement in your child's journey.
- 2. Food: The cost of food during the championship will be 150 INR per person. We have arranged for delicious and nutritious meals to ensure that everyone's dietary needs are met. Please note that this cost is separate from the accommodation charges.
- 3. Stay Charges: For those parents and relatives who require additional accommodation beyond the complimentary provision, the cost for a night stay will be 1000 INR. We have negotiated this rate to offer you a comfortable and convenient stay during the championship.
- 4. YSF's Discretion: While we strive to provide assistance and support to all parents and relatives, please be aware that YSF reserves the right to not provide or help in certain cases. We kindly request your understanding and cooperation in such situations. We believe that these rules will contribute to a smooth and organized championship experience for everyone involved. If you have any questions or concerns regarding the accommodation or food arrangements, please do not hesitate to reach out to us. Our team will be more than happy to assist you.



ARENA

**Maharishi Mahesh
Yogi Ramayan
University is one
of the most
prominent
universities of
Ayodhya UP ,
Kindly maintain
the Dignity of the
Educational place**

As we gear up for this grand occasion, we kindly request your cooperation in ensuring that the event runs smoothly and maintains the dignity of the university. Firstly, we would like to emphasize the importance of environmental consciousness. It is our responsibility to preserve the beauty of the university and protect the environment. We kindly request all members to refrain from using plastic during the event. Let's make this an opportunity to showcase our commitment to sustainability and set an example for others to follow. Furthermore, we would like to remind everyone that the university is a spiritual place and holds great significance to many. We kindly request all members to maintain the dignity of the university by adhering to its values and principles. Let's show respect and reverence towards the surroundings. In addition, we kindly request everyone's assistance in keeping the venue clean and tidy. Please dispose of any waste in the designated bins and refrain from littering. Let's work together to leave a positive and lasting impression on both the university and its visitors. Finally, we kindly request all players to be mindful of the noise level during meals and throughout the event. We understand that excitement and enthusiasm may be high, but let's ensure that everyone can enjoy their meals and conversations without disturbance. Your cooperation in these matters is greatly appreciated. By adhering to these guidelines, we can create an enjoyable and memorable event for everyone involved.



RISK CERTIFICATE

failure to submit a signed risk certificate will result in disqualification from the National Yoga Championship

National Yoga Championship is a prestigious event that brings together the best yoga practitioners from across the country. In order to ensure the safety and well-being of all participants, it is mandatory for every participant to sign a Risk Certificate. The Risk Certificate is a legal document that acknowledges the potential risks and hazards associated with participating in a physically demanding event like the National Yoga Championship. By signing this certificate, you are affirming that you understand and accept these risks and that you will not hold the organizers, sponsors, or any other party responsible for any injury or harm that may occur during the event. We have attached the Risk Certificate to this document. Please carefully read through the document and fill in all the required information. Ensure that you sign and date the certificate at the designated spaces provided. Once completed, please scan the signed document and send it back to us at our given email id before 5 Days of National Championship for submission. Please note that your participation in the National Yoga Championship will only be confirmed once we have received your signed Risk Certificate. Failure to submit the certificate by the deadline will result in the cancellation of your participation. We understand that this may seem like a formal requirement, but it is an essential step in ensuring the safety and well-being of all participants. We appreciate your understanding and cooperation in this matter.



PHOTOGRAPHY

You need to get prior orders for using camera during the event

In order to maintain a peaceful and hassle-free environment for all participants, we have decided to highly restrict photography and videography during the event. This measure is aimed at ensuring that everyone can fully immerse themselves in the program without any distractions. To capture the essence of the event, we will be providing our own professional photographer and videographer. They will be responsible for documenting the entire program, capturing precious moments and memories for all to cherish. Once the event has concluded, you will have the opportunity to obtain your photos from our registered cameraman. They will be available for collection at a specified location and time, which will be communicated to you in due course. However, if you have a personal desire to capture your own photos during the event, we understand and respect that. In such cases, we kindly request you to submit a formal request letter to the Yog Sports Foundation management. This letter should include details about the camera you intend to use, including make, model, and any additional equipment. Upon receipt of your request letter, our management team will carefully review and consider it. If approved, an identity card will be issued to you, granting permission for personal photography during the event. Please note that this process is in place to ensure the safety and privacy of all participants. We kindly request your understanding and cooperation in adhering to these guidelines. By doing so, we can collectively create a harmonious and enjoyable atmosphere for everyone involved.



REGISTRATION CARD

Identity Cards is the most important card during National Championship

In order to ensure the smooth functioning of the event and maintain a high level of security, we will be providing various cards to all participants, officials, judges, referees, VIPs, and volunteers. The cards that will be issued include:

1. Identity cards: These cards will serve as proof of identity for all individuals involved in the championship. It is mandatory for everyone to carry their identity cards at all times during the event.
 2. Registration cards: These cards will be provided to all registered participants, allowing them access to the championship venue and other related facilities.
 3. Officials cards: Officials involved in the management and organization of the championship will be issued these cards, which will grant them access to restricted areas and enable them to carry out their duties effectively.
 4. Judges cards: The judges responsible for evaluating the performances and determining the winners will be provided with these cards, ensuring their authority and credibility throughout the championship.
 5. Referee cards: Referees officiating the matches and ensuring fair play will be issued these cards, which will establish their position and authority on the field.
 6. VIP cards: Distinguished guests and individuals granted VIP status will be provided with these cards, granting them special privileges and access to exclusive areas within the championship venue.
 7. Volunteer cards: Volunteers generously giving their time and efforts to assist in the smooth operation of the championship will be issued these cards, acknowledging their contribution and enabling them to carry out their assigned tasks.
- Please note that these cards are of utmost importance, as they will serve as the only means of entry into the championship venue. In addition, access to food, programs, and hotel facilities will only be granted to those who possess the relevant cards. Therefore, it is imperative that all participants and stakeholders ensure they have their respective cards with them at all times. We kindly request your cooperation in this matter and urge you to adhere to the card policy without exception. This measure is being implemented to guarantee the safety and security of everyone involved in the championship, and we appreciate your understanding and support.



MEDICAL FITNESS

Medical Fitness Certificate is an important document for National Yoga Championship

As per our regulations, it is mandatory for every participant to submit a valid Medical Fitness Certificate. This certificate must be certified by a registered MBBS doctor. We emphasize that without this certificate, you will not be allowed to participate in the championship. In the event that any participant is unable to present a Medical Fitness Certificate, we have made alternative arrangements. In such cases, a fee of 100 rupees will be charged by the Yog Sports Foundation. The participant will then undergo an on-spot medical check-up, conducted by our certified medical professionals. Upon successful completion of the check-up, the participant will be provided with the necessary certificate. We understand the importance of ensuring the well-being and safety of all participants. The medical fitness certificate serves as a testament to your overall health and ability to compete in the championship. It also helps us maintain the integrity and fairness of the competition. We kindly request all participants to make the necessary arrangements and ensure that they possess a valid Medical Fitness Certificate. This will enable us to proceed with the championship smoothly and without any hiccups.



MEDICAL FITNESS CERTIFICATE



ENTRY FORM
NATIONAL CHAMPIONSHIP
YOG SPORTS FOUNDATION
 MMY RAMAYAN UNIVERSITY , AYODHYA UP INDIA



Date: 11- 12 APRIL 2026

AGE GROUP

PARTICIPANT NAME	FATHER'S NAME
MOTHER'S NAME	DATE OF BIRTH
AGE GROUP	STATE

DETAILED ADRESS INFORMATION

- HOUSE NO/ CARE OF
- GALI NO/ APARTMENT / SOCIETY
- VILLAGE / CITY
- TEHSHIL
- THANA
- DISTRICT
- STATE

DETAILED CONTACT INFORMATION

- CONTACT NO.
- WHATS APP NO.
- FATHER CONTACT NO.
- EMAIL ID
- EMAIL ID 2
- FACEBOOK ID
- INSTAGRAM ID
- TWITTER / LINKEDIN ID



ENTRY FORM



YOG SPORTS FOUNDATION

MMY RAMAYAN UNIVERSITY , AYODHYA UP INDIA

Date: 11- 12 APR 2026

AGE GROUP

<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>

PREVIOUS CHAMPIONSHIP MEDALS DETAILED INFORMATION

NUMBER OF MEDALS

GOLD MEDALS

SILVER MEDALS

BRONZE MEDALS

PREVIOUS CHAMPIONSHIPS CERTIFICATE DETAILED INFORMATION

- SCHOOL LEVEL CERTIFICATE INFO
- DISTRICT CERTIFICATE INFO
- STATE LEVEL CERTIFICATE INFO
- NATIONAL LEVEL CERTIFICATE INFO
- INTERNATIONAL LEVEL CERTIFICATE INFO
- ANY OTHER CERTIFICATE